

Supports in Durham



This document has contact information for helpful resources and supports.

→ I see a person without shelter. Who do I call?

The Region of Durham manages homelessness response locally.

- Contact the Region of Durham's Homelessness Outreach Program:
 - Call 311 and enter extension 5510 or email HomelessHelp@durham.ca.

→ I see someone outside in winter. Where are the warming centres?

- Visit www.durham.ca/WinterWarming for information.

→ I see someone who may be struggling with their mental health. Who do I call?

- If you have urgent concerns, call 911 and say you are calling about a mental health emergency.
- If it is not urgent, contact:
 - **The Durham Mental Health Services' Crisis Access and Linkage Line:** 905-666-0483 or 1-800-742-1890, 24 hours a day, seven days a week.

→ I know someone who needs drop-in meals. Where can I find information?

- Find information about food support programs, including community meals, food banks, food programs for seniors, people with disabilities, and those with special dietary needs, plus more at www.211central.ca/Durham.

→ I see hazardous waste items in a public place. Who do I call?

- Contact the Clarington Public Works Department by calling 905-623-3379.

→ How can I learn more about responding to unsheltered residents in my community?

- Visit www.durham.ca/AboutHomelessness to learn more.

